



Cranham Boundary Chase

4.2 miles of hilly trail bordering Cranham Common

16:00 Saturday 8th August 2015

Under UKA Rules: a

Medal to first 100 finishers.

Perpetual trophies to race winners and first Cranham male, female and O/50 resident. First team of 3 runners

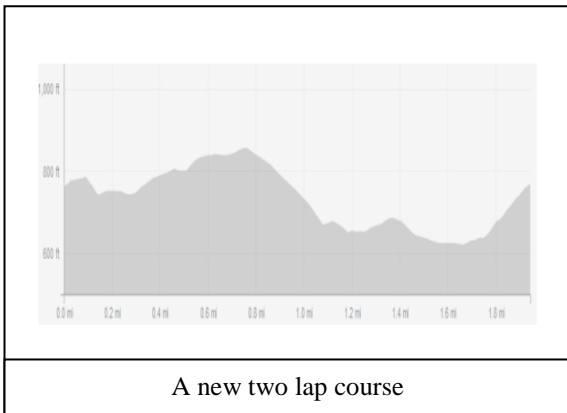
Entry Fee **£8.00 members of UKA affiliated clubs** or **£10.00 unattached**. Enter online at gloucesterac.co.uk or
cheques should be made payable to **Gloucester AC** and sent with entry form to:

Boundary Chase Entry Secretary, 12 Abbots Road, Abbeymead, Gloucester GL4 5GF

by July 31st. Entries on the day available up to the limit of 150. Check the website for directions.

Enquiries to: director20@gloucesterac.co.uk

Please see www.gloucesterac.co.uk for online entry, race instructions and weekly updates including lists of entrants. Numbers will be issued at race HQ (GL4 8JA) from 14:00. If the race is cancelled, entry fees minus an amount to cover costs incurred, will be refunded.



14:00 Fete & BBQ starts
15:00 Wacky Races

15:30 Children's Races (approx. U11: 400m and U:13 800m with entry on the day only)
16:00 Cranham Boundary Race starts with lap of Cricket Field
17:00 Race ends
Mime and reading of the Prologue
Carving of the Deer
17:05 Presentation of trophies
17:15 Venison rolls on sale from BBQ
19:00 BARN DANCE starts
20:30 Interval for Ploughman's supper
22:00 Barn Dance ends & onwards – singing around the fire

RACE ENTRY FORM –Cranham Boundary Race

Please complete clearly in BLOCK CAPITALS

Surname																				
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Illegible names will cause confusion and errors in the results.

Forename																				
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date of birth

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*Male /
Female

Club																				
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Age on Race
Day

Address.....

Tick this box if you are a Cranham Resident.

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Post Code.....e-mail

emergency contact: name telephone

I am fit and run at my own risk and agree not to wear earphones or other devices which may restrict my hearing causing potential danger to myself and others. Should I win a trophy I agree to return it by 01/01/16.

.....Signed..... Date